

Seriously Kids™

Supporting, educating, empowering.... Seriously useful

We encourage you to use this checklist as a source of information rather than as a prescriptive checklist. Checklists are great guides to help you determine what you may need, provide a starting point to help making a decision or establishing a clear view of the situation on paper.

Please Note: This tracking tool is as a support to your service to assist with ensuring you are covering all the areas and documentational requirements. This can be adapted as needed for your specific needs.

REFLECTION CHECKLIST

Reflective practices challenge us as educators to critically evaluate and examine our practice.

Reflective practice provides us, as educators, with the ability to gain a better understanding through reflection and analysis of our practice including the room, the service, the experience, the day, etc. To undertake reflective practice requires us as educators to think creatively and self-critically about what we are doing and why.

Reflective practice encourages us to identify and have a better awareness of our strengths and weaknesses, and therefore adjust our practice and behaviour accordingly. Research shows that if we are measured in our critical reflection in regards to a holistic approach within the service that is not only impacts positively on our teaching practices it, additionally and more importantly, contributes to improvements and potentially excellence in our teaching and ultimately improves the educational outcomes for all children.

There is no prescriptive way that reflective practices must be done. There are many ways to document your reflections. Documenting reflections assists yourself, and other educators at the service to acknowledge, understand, and recognize your thoughts, interpretations and views. It can be a great team building opportunity to all work together and strive for an inclusive, effective reflective practice process.



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PREVIOUS GOALS AND REFLECTIONS

GOAL	REFLECTION

I CONSIDER MY STRENGTHS ARE:	AREAS OR SKILLS TO FURTHER IMPROVEMENT OR NEED TO FOCUS ON

NEW GOALS

INTERESTS ARE IN THE AREA OF:(Inservice/prof development/training)

CHALLENGES	HOW I WILL OVERCOME THEM

ADDITIONAL NOTES

EMPLOYEE'S SIGNATURE	
DIRECTOR'S SIGNATURE	

REFLECTION DATE:	/ /
DATE:	/ /