

# Seriously Kids™

*Supporting, educating, empowering.... Seriously useful*

We encourage you to use this checklist as a source of information rather than as a prescriptive checklist. Checklists are great guides to help you determine what you may need, provide a starting point to help in gathering information and take some of the stress out of things such as making a decision or establishing a clear view of the situation on paper.

***Please Note: This checklist should be used as a guide only.  
Be aware that products must comply with Australian Standards***

## BUYING FOR BABY CHECKLIST

There is such a vast range of baby products on the market knowing just what to buy for baby cannot only be daunting and stressful but also expensive. Knowing where to start can give some new parents a headache before they even leave home.



It is not essential to have an abundance of items particularly clothing for your new baby especially as you're not exactly sure of your new baby's size until they are born. You may find that you buy lots of items in a size that is not required. You may also find that once the baby is born you may receive an influx of presents and need not have bought as much as you did.

The essentials are not as much as you think. Of course you can buy, buy, buy but fundamentally all you need are items to feed, clothe, and a place for your baby to sleep as well as items for your new baby to explore as they get older, past that then it starts to go into the wants rather than needs for a new baby.

Just as there is a list of what you need for your new baby there is a list for what not to buy. There are some definite products we recommend (as do other experts) to leave off the 'to buy' list. These include baby walkers, cot bumpers, quilts, pillows and it even includes shoes. Babies don't need to wear shoes; actually it is recommended that they don't until they are walking.

There are optional extras such as baby monitor, hair brush, feeding pillow, portable cots, portable highchairs and even bassinets can be on this list. It really depends on your individual situation as if you are planning to travel lots then of course a portable cot is no longer an optional product.



Then there are also useful, although not essential, extras such: Baby carrier/sling, change table, nightlight, a highchair (as this won't be used in the first few months), safety equipment such as gates, childproof locks and catches these too won't be needed for the first few months. This section of products can also include babybath, breast pump, baby bag, shade cover for the car etc.



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## TOP TIPS

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- » Have a list of wants, needs and would love items. To differentiate between these can help in deciding what you need to buy especially if you are on a budget but it also can be handy for when you are asked what would you like/need from family and friends then you can keep track of what you want or already have.
- » Ask other mums what they couldn't live without and what they found useless and wouldn't recommend. Word of mouth and experience can be useful here.
- » Be careful buying (or borrowing) second hand items. Check they are in good working order with no damage and that they conform to the Australian Standards (if it is applicable to the product such as for car seats).
- » If you buy a baby bath consider one with a plug so it is easier to empty.
- » Buy the essentials before the baby is born and buy and/or accumulate more items once baby is born or at that stage.

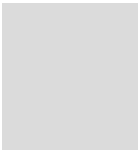
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## SLEEPING

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Cot/bassinette



Mattress. Check the size of the bed before buying a mattress. There may be slight variations. A mattress at least 10 cm thick and that fits snugly is recommended.

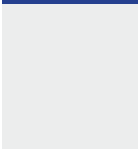
COMMENTS



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## MANCHESTER

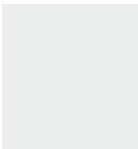
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Sheets (3 sets are suggested)



Blankets (lightweight and heavier ones)



Mattress protector (they can be invaluable to save the mattress from spills and accidents)

Towels (at least 2 suggested)

Muslins (approx. 4+) These can be used in many ways so are quite invaluable items

COMMENTS

### EVERYDAY

Change mat

Nappy wipes

Barrier cream

Cotton wool

Cotton buds

Nappies- cloth or disposable

Baby chair- bouncer/rocker,etc

Play gym

COMMENTS

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## TRANSPORTING BABY

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 Pram

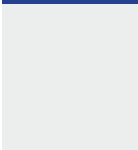
 Car seat/capsule

COMMENTS

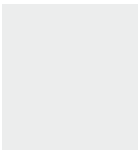
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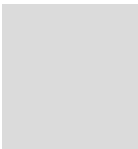
## FEEDING

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 Bottles (if solely bottle feeding have at least 4 preferably 6 that way you aren't chasing your tail and constantly washing & sterilising to feed your baby. Very handy especially if out for the day)

 Formula

 Steriliser (if bottle feeding)

 Nursing pads

COMMENTS

## CLOTHING

One piece jumpsuits (5-7 is suggested)

Singlet (5-7)

Bibs (approx. 4-6)

Socks (3+)

Mittens (2)

Leggings (2+)

Shirts/pants (4-6)

COMMENTS

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## NOTES

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## DISCLAIMER

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We have taken a great deal of care in providing the information contained within this checklist, however, it is intended as a guide only.

Any information provided, while given as a broad guide with the best of intentions should not be substituted for professional advice. The information is given with the sole intention to be used as a guide only, and to aid with any concerns or questions you may have and to help you in determining if you require any further assistance or assist you with embarking on subsequent research.



Remember, checklists are really only ever to be used as a guide.